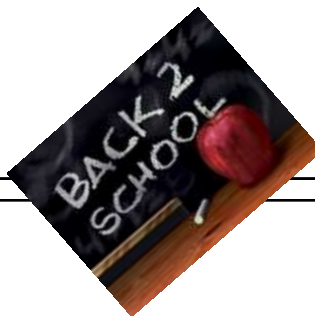


BREAD & BUTTER



Tewksbury Community Pantry
978-858-2273 (858-CARE)

Email: info@tewksburypantry.org

Website: <http://www.tewksburypantry.org/>

September 2010

Fire Prevention in the Kitchen

Careless cooking is the number one cause of residential fires. Here are a few rules that will help prevent kitchen fires in your home....

- ♥ Never leave cooking unattended.
- ♥ It's wise to have a fire extinguisher near the kitchen. Keep it 10 feet away from the stove on the exit side of the kitchen.
- ♥ Never pour water on a grease fire; turn off the stove and cover the pan with a lid, or close the oven door.
- ♥ Keep pot handles on the stove pointing to the back, and always watch young children in the kitchen.
- ♥ Don't store items on the stove top or in the oven, as they could catch fire when burner or oven is turn on.
- ♥ Keep kitchen appliances clean and in good condition, and turn them off and disconnect them when not in use.
- ♥ Don't overload kitchen electrical outlets and don't use appliances with frayed or cracked wires.
- ♥ Wear tight-fitting clothing when you cook. Here's why: An electrical coil on the stove reaches a temperature of 800 degrees. A gas flame goes over 1,000 degrees. Your dish towel or pot holder can catch fire at 400 degrees. So can your bathrobe, apron, or loose sleeve.
- ♥ Be sure your stove is not located under a window in which curtains are hanging.
- ♥ Clean the exhaust hood and duct over the stove regularly. and wipe up spilled grease as soon as the surface of the stove is cool.
- ♥ Operate your microwave only when there is food in it.

October

Distribution Dates

Sunday, October 10th

9:00 AM—Noon

Monday, October 11th

7:00-8:30 PM

Saturday, October 16th

10:00 AM—Noon

REMINDER

Free Child Safety Seat Inspection and Installation Clinic Sponsored by the Tewksbury Police Department
Sunday, September 12th & Saturday, September 18th

This clinic is open to all clients and their families, which will take place in the parking lot of the pantry during the Sunday, Sept 12th and the Saturday, Sept 18th distribution times. If you come to the Monday distribution you are still welcome to come to the clinic on either day. We will have a pantry volunteer at the clinic checking off names. **We would encourage all those clients that use or need a child safety seat to attend.**



